

Unitarian Universalist Principles and Purposes

We affirm and promote...

...The inherent worth and dignity of every person;

...Justice, equity, and compassion in human relations;

...Acceptance of one another and encouragement to spiritual growth in our congregation;

...A free and responsible search for truth and meaning;

...The right of conscience and the use of the democratic process within our congregation and in society at large;

...The goal of world community with peace, liberty, and justice for all;

...Respect for the interdependent web of all existence of which we are a part.



To sustain a vital and nurturing religious community

Need more information?

On Unitarian Universalism...

Visit the Joy library, the brochure rack, the minister, or www.UUA.org.

On FUUSA membership or just getting on the mailing list...

See someone at the information table in the lobby during coffee hour, or call the office at 463-7135.

On Religious Education...

For children, see the Director of RE in the RE Office in the lobby; for adults, see the Adult Ed display in Channing Hall.

On social events, committees, congregational meetings, etc...

Our newsletter *Windows* is published the fourth Monday of each month, and a *Windows Update* is mailed the second Monday. Sign up for mailings at the information table in the lobby.

On anything else...

Try our friendly staff in the office— if it's happening in this church, they can tell you who, where, and when!
Call 463-7135.



Membership



First Unitarian Universalist Society of Albany

405 Washington Ave.
Albany, NY 12206
(518) 463-7135
www.albanyuu.org

Rev. Samuel A. Trumbore, Minister

A welcoming congregation

What does being a member of FUUSA mean?

Membership means...

...Joining a community that shares principles, purposes, and tradition. The living tradition we share draws on many sources:

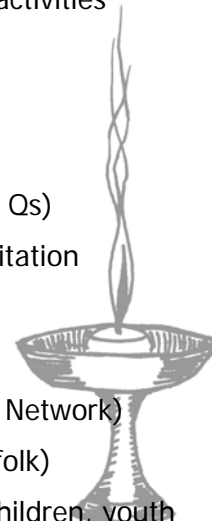
- Direct experience of the transcending mystery, affirmed in all cultures, that renews the spirit.
- Words and deeds of prophetic people, challenging us to confront evil with justice, compassion, and love.
- Wisdom from the world's religions, inspiring our ethical and spiritual life.
- Jewish and Christian teaching calling us to love our neighbors as ourselves.
- Humanist teachings which counsel us to heed science and reason, and warn against idolatries of mind and spirit.
- Spiritual teachings of Earth-centered traditions, celebrating the circle of life and teaching harmony with nature.

You can learn more about our principles and traditions by talking with our minister, Rev. Sam Trumbore; attending a Newcomer/New Members Class; reading literature from our library; subscribing to *UU World*, the Unitarian Universalist magazine.

Membership offers...

...Support and fellowship in the form of many activities and services, such as:

- Sunday morning services and discussion forums
- Involvement in social activism
- Choir and other musical activities
- Book clubs
- Men's support groups
- Parents' Potluck
- Projects and Quilts (Ps & Qs)
- Sunday Mindfulness Meditation
- Small Group Ministry
- Bridge
- UUYAN (UU Young Adult Network)
- Channing Circle (retired folk)
- Religious education for children, youth and adults
- Connections with UUs around the country through the Unitarian Universalist Association of Congregations
- Dinners, potlucks, picnics, etc., etc...



To learn more . . . visit the information table in the lobby during coffee hour.

Membership assumes...

...That members, to the extent of their abilities, will be

Present— taking an active part in the life of the FUUSA community.

Participating— sharing their time and skills through volunteer opportunities:

☞ Within the church

- Serving at coffee hour
- Singing in the choir
- Working on a committee
- Co-teaching an RE class
- Helping with Rummage Sale, Auction, Canvass, Fellowship Dinner, or other annual events

☞ And in the larger community

- Overflow Homeless Shelter
- **ARISE – A Regional Initiative to Support Empowerment**
- Focus Food Pantry
- Family Planning Advocates
- Interfaith Impact

Pledging—through the annual canvass and capital campaigns, giving monetary support for the work of the congregation.

(For a complete list of committees and activities, with contact person and phone number, pick up the Committees and Social Programs brochure. There is truly something for everyone!)